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Greetings!

The State of Florida is to the competition season what IOWA is to the Presidential Race. It all begins here! It's February and you can feel the energy in the air. Shooters are feverishly honing their skills and upgrading equipment in anticipation of the start of the competition season. Whether your goal is to win HOA, "punch up" to the next class or simply beat your buddy on the next outing, you will need good equipment, good technical skills and a solid mental game.

What is a "solid mental game", anyway? If you know you need one but don't quite know how to get one or if the whole discussion of the "mental game" causes your eyes to roll back into your head, this month's shooting tip might offer some clarity. "Pre-shot Routine 101" could hold the key to your next breakout performance.

NEWS ITEMS !

> ***Upcoming Locations: Maryland/VA/DC, New Mexico, New Jersey, OH, GA and, of course, South Florida Shooting Club.***

> ***Sunrise Productions and Bruce Scott are gearing up to film my second DVD, the sequel to "Focus-Movement-Faith".***

> ***Grouse in Scotland, August 24-27! Join me! Add yourself to [the Scotland list](#).***

> ***Dove and Pigeon in Argentina, September. Join me! Add yourself to [the Argentina list](#).***

> ***NSCA Instructor Courses planned for 2016 in GA, FL, MD, NJ, CA, New Mexico and Canada.***

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Book a lesson or gun fitting now

Whether you are a competitor, recreational shooter or wingshooter, I will help you propel your shooting performance to the next level. [BOOK A LESSON NOW!](#)

Lessons & Fittings

Feb / March:

** MARYLAND**

SO FLORIDA SHTG CLUB (Home Club) GEORGIA** TAMPA BAY SC** OTHER CLUBS ON-REQUEST**

*Feb 2-4 (Tues-Thurs):

Lessons @ Tampa Bay Sprtg. Clays
(Land 'O Lakes, FL)

*Feb 9-12 (Tues-Friday):

Lessons @ South Florida Shtg. Club
(Palm City, FL)

*Feb 16-18 (Tues-Thurs):

Lessons @ South Florida Shtg.

Note: For an up-to-date schedule of lessons and clinics, see right panel of this newsletter and the [HOME PAGE](#) of DonCurrie.com.

This Month's Shooting Tip:

"Why do I miss the easy targets?"

Pre-shot Routine 101

The cause of misses on "easy targets" is not a technical issue but more likely a lack of concentration, lack of focus, distraction or lack of commitment. All of these causes can be remedied by a solid pre-shot routine and attention to the *process* rather than *performance* during the round.



In this issue, I will equip you with a very basic pre-shot routine and help you understand the reason you need one.

Read ["Pre-shot Routine 101"](#).

I hope you enjoy this month's newsletter. Until next month.....

Good shooting!

A handwritten signature in black ink that reads "Don Currie".

Don Currie, AICSI
Chief Instructor, NSCA
Club Pro, South Florida Shooting Club
NSCA Level III Instructor
ASEP Certified Coach

THE #1 DVD in Sporting Clays !

"Focus-Movement-Faith" is the best selling and most highly rated and reviewed instructional DVD on Sporting Clays.

[Read the reviews](#)

Club
(Palm City, FL)

[*Feb 19-21 \(Fri-Sun\):](#)
GATOR CUP @
Quail Creek Plantation

[*Feb 24-27 \(Wed-Sat\):](#)
Lessons @ South Florida Shtg.
Club
(Palm City, FL)

[*Mar 2-3 \(Wed-Thurs\):](#)
Lessons @ Prince George's Cnty
T&S (Glenn Dale, MD)

[*Mar 4-6 \(Fri-Sun\):](#)
Teaching NSCA LEVEL I COURSE
@ Prince George's Cnty T&S
(Glenn Dale, MD)

[*Mar 9-12 \(Wed-Sat\):](#)
Lessons @ South Florida Shtg.
Club
(Palm City, FL)

[*Mar 17 \(Wed\):](#)
Lessons @ Eddy Cnty Shtng Range
(Artesia, NM)

[*Mar 18-20 \(Fri-Sun\):](#)
Teaching NSCA LEVEL I COURSE
@ Eddy County Shooting Range
(Artesia, NM)

[*Mar 23-26 \(Wed-Sat\):](#)
Lessons @ South Florida Shtg.
Club
(Palm City, FL)

[*Mar 30-Apr 1 \(Wed-Fri\):](#)
Lessons @ South Florida Shtg.
Club
(Palm City, FL)

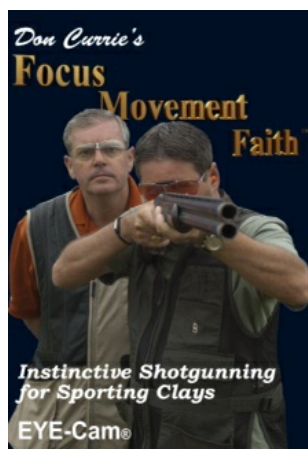
[*Apr 2-3 \(Sat-Sun\):](#)
FL State Championship
Ancient Oak (E. Bradenton, FL)

[April / May Locations....](#)
New Jersey (M&M, Apr 6-7)
Georgia (Big Red Oak & Burge)
Ohio (Hill 'n Dale, May 10-14)

[Click Link to BOOK A LESSON!](#)
All other dates: TBD - Call for
availability.

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